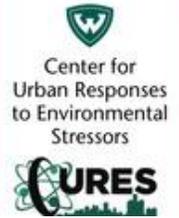


Covid-19 in Detroit

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We've received a lot of requests for information related to COVID-19 including how to prevent getting the virus and how to protect against infection in your home. We have developed a series of fact sheets to help address your questions. Please contact us if you would like to receive printed copies of our fact sheets delivered to you to share the information with people you know.



The best way to prevent illness is to **avoid being exposed** to the virus.

Wearing a mask that covers your mouth and nose is an effective way to protect your health.

- ☀️ Wash your hands with soap and water **frequently**.
- ☀️ Avoid places and gatherings with **more than 10 people**.
- ☀️ Stand **six feet from other people** when you're out.
- ☀️ **Avoid touching your nose, mouth, and eyes** when your hands are not clean.

FAST FACTS	COVID-19 is caused by a virus	The virus can live on surfaces for many days	Cleaning and disinfecting are not the same thing	Cleaning and disinfecting products can be harmful
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DISINFECTING 101

- **Be safe.** Turn on a fan or open windows and wear gloves when handling or using harsh cleaning products or disinfectants. They can cause harm.
- **Clean first.** Start by washing surfaces to **remove dirt and reduce germs** with soap and water.
- **Disinfect next.** Use a product or mixture that contains bleach or alcohol to **kill germs**. A disinfectant is meant for using on surfaces, not pets or people.

At Home Solutions

Many people in Detroit aren't able to get disinfectant products, such as Lysol wipes, in stores. See the next page for recipes you can make at home with bleach or alcohol.

A FEW NOTES FROM OUR FRIENDS

Our friends at the Ecology Center provided the following tips to protect your health:



- Be sure to read the labels of products you purchase, and
- Avoid disinfectants with “quats” or quaternary ammonium compounds, especially if someone in the home has asthma (they are restricted from use in California schools)
 - Use the home disinfecting solutions below or look for products with alcohol or hydrogen peroxide, such as:
 - Purell[®] Multi Surface Disinfectant
 - Lysol[®] Hydrogen Peroxide Multi-Purpose Cleaner



AT HOME SOLUTIONS

The Centers for Disease Control have provided recipes to make your own disinfectant (see below), and a few notes to ensure they are used correctly:

- Bleach solutions will be effective for disinfection up to 24 hours
- Never mix household bleach with ammonia or any other cleanser
- Leave solutions on the surface for at least 1 minute



Get a spray bottle



Label the bottle



Add solution



Disinfectant Solutions

Alcohol

You can use rubbing alcohol that is at least 70% alcohol directly, no need to dilute

or

Bleach

Mix 4 teaspoons of 5.25–8.25% bleach per quart of water

Sources:

- Centers for Disease Control @ <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
- Environmental Protection Agency's Six Steps for Safe & Effective Disinfectant Use @ <https://www.epa.gov/pesticide-registration/six-steps-safe-effective-disinfectant-use>

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